



Farmers (and Consumers) Denied the Right to Consume Milk from Their Own Cows. Wisconsin judge goes further and rules that none of us—farmers or consumers—have the right to decide what we have for our own dinner.

These days, milk is generally looked down on as being unhealthy. Indeed diligent health researches have concluded that pasteurised milk, especially from cows that have been conventionally reared with hormones, antibiotics etc, is counterproductive to health.

Raw milk from healthy cows, whose main diet is fresh grass, taken raw and un-pasteurised has fantastic health benefits, as can be seen from the article [Real Milk Cures Many Diseases](#) by J. R. Crewe, MD. Raw milk can even be used as a single food (the only food that is taken for a period of time) for curing disease.

Even though raw milk is exceptionally nutritious, surprisingly it is also detoxifying. It is even reported that regular consumption of raw cow's milk can help clear the iris over a period of years, apparently an indicator of deep tissue cleansing.

Last week, Wisconsin judge Patrick J. Fiedler ruled against the property rights of cow owners and their right to consume raw milk from their own cows. Plaintiffs included Galyle Loiselle and

Robert Karp, who boarded their cows at Mark and Petra Zinniker's farm so that they could consume raw milk from them, and the Zinnikers. Here is what the judge said in his own words:

- Plaintiffs [Loiselle, Karp, and the Zinnikers] do not have a fundamental right to own and use a dairy cow or a dairy herd;
- Plaintiffs do not have a fundamental right to consume the milk from their own cow;
- Plaintiffs do not have a fundamental right to board their cow at the farm of a farmer; [and]
- Plaintiffs do not have a fundamental right to produce and consume the foods of their choice.

It would certainly seem that the judge's ruling violates constitutional rights to property, private contract, and bodily autonomy. After all, is there a more fundamental right than deciding what to eat? (Before this, we thought the FDA's contempt for freedom of food choice was bad enough!)

Accordingly, Dane County Circuit Court Judge Patrick J. Fiedler's decision is hereby nominated for our new Tyranny of the Year Award. Every once in a while we'll nominate a decision or action for the award, and at the end of the year we'll ask our readers to vote for the one they think is the year's biggest tyrannical act. (We thank our friend, Dr. Jonathan V. Wright of the renowned Tahoma Clinic in Washington, for suggesting the award. If you have a decision or action you'd like to nominate, please send us your suggestions!)

Raw milk is natural and healthful; people are 35,000 times more likely to get sick from other FDA-protected foods than from raw milk. One of the ANH staff members recalls milking his cow as a child and drinking the fresh milk. Let's not allow that to become illegal. [Visit](#) ANH and take action!

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